



1129 Queens Avenue, Brandon, MB, Canada R7A 1L9

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**Manitoba Women's Institute Provincial Annual General Meeting**  
**Friday, April 28, 2023 at 7:00 PM**  
**Dugald Community Club Dugald, Manitoba**  
**Hybrid Meeting (In person and Virtual)**

O Canada  
6:30 pm Registration  
7:00 pm Call to Order  
Greetings & Housekeeping  
7:05 pm Mary Stewart Collect.  
President's Report  
7:10 pm Adoption of Standing Rules  
7:20 pm Adoption of Agenda  
7:30 pm Review of the 2023 AGM mail in ballot results  
7:45 pm Celebration of Life  
8:00 pm Open Mic  
8:10 pm Invitation to Institutes to hold AGM & Women's Day 2024  
8:15 pm Closing Remarks  
8:20 pm Installation of the 2023/2024 Board  
8:25 pm Adjournment  
8:30 pm Meet and Greet

**Accommodations available at the:**  
Oakbank Motel – 5 rooms on hold until  
April 10<sup>th</sup>, 2023 (\$112.00 with tax) 520  
Main Street Oakbank MB  
204-444-2409

Super Eight by the Winnipeg Mint  
(\$177.00 with tax , complementary con-  
tinental breakfast) 1485 Niakawa Rd E  
(near Canadian Mint)  
204-818-3087

Canad Inn Transcona (CAA and Senior  
discounts) (\$150.00 with tax) 820 Re-  
gent Avenue 204-224-1681

Club Regent Casino Hotel (\$166.00  
with tax) 1415 Regent Avenue  
204-667-5560

**MWI Women's Day**  
**Saturday, April 29<sup>th</sup>, 2023 at 9:30 AM**  
**Dugald Community Club Dugald, Manitoba**  
**Hybrid Meeting (In person and Virtual)**

8:30 am Doors open  
9:00 am Registration starts  
Coffee and muffins  
9:30 am Greetings and Housekeeping  
9:45 am Diversity & Inclusion speaker – Diane Burelle  
10:15 am Women's Heart Health speaker – Ellen Swistun  
10:50 am Comfort Break  
11:00 am Rural Safety speaker – Springfield COPPS  
12:00 pm Lunch  
1:00 pm Scams speaker – Springfield Police  
2:00 pm Microgreens – Joel Weber of Fresh Forage Farms  
2:45 pm Make & Take activity  
3:00 pm Thank You and Farewell

### **Manitoba Women's Institute**

**Executive Administrator:** Angela Pickett  
1129 Queens Avenue Brandon MB R7A 1L9  
204-726-7135 Fax 204-726-6260 [mbwi@mymts.net](mailto:mbwi@mymts.net)



### **Provincial Board 2022-2023**

**President:** Debra Barrett, Box 1311 Stonewall ROC 2Z0 204-467-5777 [debramwi@gmail.com](mailto:debramwi@gmail.com)

**President—Elect:** Liz Chongva, Box 73 Dugald ROE 0K0 204-853-2007 [chongval@mymts.net](mailto:chongval@mymts.net)

### **Regional Representatives:**

Eastern: vacant

Northwest: vacant

Southwest: vacant

Wpg.-Interlake: Gisela Nolting, Box 87 Rosser R0H 1E0 204-467-5922 [hnolting@mymts.net](mailto:hnolting@mymts.net)

**Manitoba Agriculture:** Thelma Blahey, Box 2000 Arborg R0A 0A0 204-641-4133  
[thelma.blahey@gov.mb.ca](mailto:thelma.blahey@gov.mb.ca)

**WI Canada/FWIC Provincial Representative:** Denise Joss, Box 1632 Lac du Bonnet R0E 1A0  
204-345-5288 [awsumden@hotmail.com](mailto:awsumden@hotmail.com)

**Manitoba Gov't Appointed Members:** Heather Cummings, Box 522 Neepawa R0J 1H0  
204-476-5395 [ghcumm1@gmail.com](mailto:ghcumm1@gmail.com)

Michele Gurman, Box 22 Vita MB R0A 2K0 204-380-2988 [michele.gurman@xplornet.ca](mailto:michele.gurman@xplornet.ca)

**Acting UofM Home Ec.:** Ann Mandziuk, PHEc, Box 264 Minnedosa R0J 1E0 204-966-3829  
[lamandziuk@gmail.com](mailto:lamandziuk@gmail.com)



### **Mission Statement**

"Manitoba Women's Institute is an organization that focuses on personal development, family agriculture, rural development and community action... locally and globally."

### **Vision Statement**

Manitoba Women's Institute strengthens women, families and communities.



Visit [www.acww.org.uk](http://www.acww.org.uk) for a new ACWW experience, updated resources, new presentations, more information, easy membership renewals.

Visit the FWIC website  
<https://www.fwic.ca/>



## President's Report

Hello Everyone,

I hope this newsletter finds you looking forward to the last few weeks of winter turning into spring. Smile, more of our winter is behind us than in our future.

January has started with a list of "To Do" that I cannot imagine actually finishing. We are busy compiling our Book of Reports for the AGM, planning the hybrid AGM and MWI Women's Day. Our AGM will be held on Friday, April 28<sup>th</sup> at 7pm in the Dugald, MB Community Club and virtually for those who are unable to physically attend. Then the following day Saturday, April 29<sup>th</sup> at 9:30 am will be the MWI Women's Day again at the Dugald Community Club and virtually. There will be swag bags for the first 50 people who register to attend in person. The registration form is included in this newsletter.

We are fortunate this year to have some very thoughtful resolutions once again. Resolutions are a key component of our MWI history; however, in the last couple years we have been unable to determine the impact of our resolutions on forming governmental policy or enhancing ministerial discussion. Although, some members have expressed concern at the lack of responses we must realize that with the COVID Pandemic our provincial and federal ministers have been overrun with duties which are beyond our norm.

Our Resolution's focus has changed, we have started to share our resolutions with sister organizations and are in the process of creating a national procedure to share our resolutions with like minded WIs across Canada. We will also be "amplifying" our resolutions, which means we will be discussing our resolutions in public by using media outlets. **WI is the best kept secret**, and it is time to inform the public about our commitment to improving the lives of women, their families, and communities predominately in agricultural areas of Manitoba, Canada and around the world through advocacy. However, in order to amplify we must be willing to stand on our soap box and be brave enough to openly discuss and loudly promote our mission and vision. Stay Tuned!!

In order to amplify the great works of WI we need some strong new voices and ideas on the board. I will be approaching some women I have met over the years to ask if they would let their names stand as regional representatives to the board for the Eastern, Southwest, or Northwest regions. A President-elect is also required for the start of June. Come try out a position and see if it gets your energy flowing and our ideas pumping. If you would like to volunteer please contact the office and leave me a message. Exciting!!

Furthermore, we thank all the women who submitted a story about the impact of COVID on their lives. These stories were compiled into a digital book and sent to all of the authors who shared their story. The digital book will be distributed to our Manitoba Universities, the Manitoba Archives and Government Ministers. Hardcopy (paper) copies will be available through the MWI office for a small fee of \$15.00 to cover the costs of printing, staff time and mailing. Place your order through [mbwi@mymts.net](mailto:mbwi@mymts.net) or phone 204-726-7135.

This book is a true gift to our future generations. The collection of stories will ensure that the history of Manitoba women coping with COVID-19 and its variants is reflected in written format for the centuries to come. As future pandemics come and go, it is our belief that many will be wondering how to cope with the required lifestyle changes that these illnesses will demand; it is our hope that the stories will be a source of inspiration, comfort, hope and humour to those who come after us.

In conclusion on Sunday, February 19<sup>th</sup>, please remember our WI members whether past or present who gave generously of their time and commitment to foster growth and strengthen Manitoba's Women's Institutes since 1910. The road has not always smooth, but the rocky portions help to create change, develop innovative ideas and strengthen bonds between women across our province. My Mom always said she loves going to Interlake events as it is her only chance to visit with Linda D. and many other ladies she has enjoyed working with over the years. As a 3<sup>rd</sup> generation WI member, I too can say I have made friendships and met women that I hope I will never forget. God willing!

Take care and stay warm!  
Debra Barrett

## EXECUTIVE ADMINISTRATOR'S REPORT

As the eternal optimist, I always try to think positive. So when this newsletter reaches you, we can all say next month is SPRING! (Although the weather may tell a different tale)

I am looking forward to planting my indoor garden, a tradition we started during Covid-19. Speaking of Covid-19, the committee is wrapping up the final stages of the on-line book for your reading pleasure! Reading it really takes you back to where we were in those trying times. And although the Pandemic is ongoing, I have to admit, sitting in a room full of people does not have the fear factor for me that it once did. It feels wonderful.



The Zoom with Sheila North was our most popular to date, we had over 50 registered for the event. Watch our social media for upcoming events.

Speaking of social media, please send the office any photos or announcements so we can share it with our followers!

The office has been a very busy place. There have been memberships still coming in, and of course the Annual Report that has been a big project each year. It's nice to take a look back to see all that has been accomplished by our members and committees. It will be even nicer to see everyone in person or virtually at the upcoming AGM in April.

A reminder that phone numbers, addresses, and emails should be accurate. If you have not heard from us lately, it is because the information may be outdated. Please reach out if any of the above changes.

If you are struggling with the short days, lack of sunshine, and bitter cold, please remember that Spring really is just around the corner.

Until next time,  
Angela  
Executive Administrator

## SCHOLARSHIPS

It's time to have 'the scholarship talk' with the young people in your life.

**MWI sponsors 2—\$1,000 scholarships.** They are administered by the Red River Ex Foundation. The online application is found at <https://www.redriverex.com/scholarships-and-bursaries/>. Be sure to check out the other scholarships/bursaries that are also listed on the website. *Deadline to apply: second Friday in May by 11:59 pm*

### NELLIE McCLUNG TRAILBLAZER SCHOLARSHIP

<https://www.nelliemcclungfoundation.com/trailblazer-scholarship>

These awards are for self-identified female students considering careers in the exciting fields of science, technology, engineering, arts and math (STEAM), business or underrepresented trades. Careers in these areas offer excellent job opportunities, great earning potential and stimulating work environments.

A virtual event was organized by the City of Winnipeg's Human Rights Committee of Council and Equity Office, hosted by the Canadian Museum for Human Rights to commemorate the International Day for the Elimination of Violence Against Women (Nov. 25), 16 Days of Activism Against Gender Violence (Nov. 25 – Dec. 10), and the National Day of Remembrance and Action on Violence Against Women (Dec. 6).

Panelists included: Honourable Rochelle Squires, Minister of Families and responsible for the Status of Women; Councillor Sherri Rollins, City Councillor and Chairperson of Property & Development; Cherie Hennessey, Executive Director, Alpha House Project; Angela Lavalley, MMIWG2S+ Representative.

If you would like the link to the recorded presentation, please email Angela and she will send it to you.

Thanks to Diane Burelle, co-chair **Zooming Monarchs** for sharing the link.

The term "*Pennies for Friendship*" that we are so familiar with from ACWW, is not the official name that is in use anymore. All funds collected for ACWW are used for all their programs and expenses.

In our groups we can still call the act of collecting the coins as Pennies for Friendship but when the funds are forwarded to the MWI office they are just funds allocated to ACWW. Some groups have in the past used Coins for Change or something similar but Coins for Change is a completely different organization not associated with ACWW or MWI.

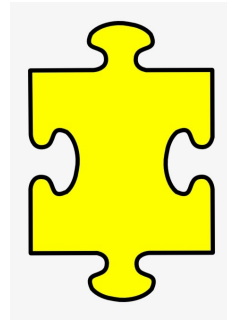


The Board sends condolences to those locals/members who have lost a member over the past couple of months. It has been a difficult time for many families and friends. If you wish to have a member recognized in the newsletter please send a brief notice to the office and it will be kept for the next newsletter.

# Bits and Pieces

## CELEBRATION OF LIFE

Locals are reminded that if they would like to have a deceased MWI member included in the AGM Celebration of Life to please contact the office to discuss what is needed.

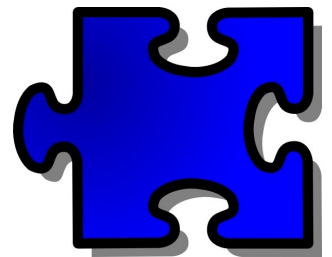


Advertising your WI—tooting your own horn!!



The **Marketing and Promotion Committee** is always asking for and wanting to share what your group is doing in our newsletter and on our social media. But it is even more important that your local community hears/knows what you are doing. At a recent M&P meeting Debra Barrett shared how the **Fisher Branch WI** was the giver as well as the receiver. Their group held a fundraising draw and one of the winners donated back to them \$100 of his \$500 winnings. His reasoning - "because he had read about the good things that WI was doing in the community!" What a thoughtful gesture to show support for a dedicated group of community volunteers.

Ann Mandziuk, Chair M & P Committee



**Growing Manitoba Ag**  
Inform. Influence. Inspire.

<https://www.gov.mb.ca/agriculture/online-resources/signup-for-growing-manitoba-ag.html>  
If you would like this newsletter please go to the link to sign up to have it emailed to you.



# MEET A MEMBER

Does your branch have a member or do you know an Individual member you would like to see highlighted in this area of the newsletter? The editor would love to interview them for a few minutes and then share with all members across the province. If you have suggestions please share them with Angela in the office [mbwi@mymts.net](mailto:mbwi@mymts.net)



After reading an article Jacqueline Chartrand forwarded to me, I found this business card in my local pharmacy. This is a relatively new service for Manitoba (2021). If you have access to the internet it might be something you want to access if you are in need of medical information. I have read several accounts from individuals who have been happy with the service they received when access to their own physician was not possible. Ann Mandziuk, PHEC



The governments of Canada and Manitoba have launched *150 Years of Farming in Manitoba*, an e-book developed in partnership with Keystone Agricultural Producer (KAP) that share the 150-year evolution of the agriculture and agri-food sector in Manitoba, federal Agriculture and Agri-Food Minister Marie-Claude Bibeau and Manitoba Agriculture Minister Derek Johnson announced.

The e-book can be viewed online at [www.AgricultureMB150.ca](http://www.AgricultureMB150.ca)

## COPYRIGHT – WHO HAS IT?

They are at the front of books, in magazines, newspapers and many other places but do you have a copyright statement in any publications your Women's Institute has worked on. Copyrights stay in effect for 50 years and then the publication becomes public domain. That means anyone can access it and reprint or sell it. Copyrights can be renewed or turned over to someone else. For example, if your Institute (or one that has disbanded) wrote and published a local history book, you may want to turn the copyright over to someone like the local municipality in the area.

This is the statement that we have added to our recently released *Manitoba Women Copying with COVID-19 Challenges – COVID-19 Pandemic*.

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### Fork River Women's Institute



Left Side: Front to Back

Jean Fedoriw  
Diane Hrychuk  
Marilyn Kippen  
Sarah Pasterna  
Mary McPhee (guest)  
Wilma Rowe  
missing: Marie Kousins

Right side: Front to Back

Lorna DeVos  
Cheryl Sime  
Chris DeVos  
Lesley Cochrane  
Diana Heppner  
Emily Pylypchuk



Happy Birthday to members  
celebrating in  
March and April.

**Domain Women's Institute** would like to send special birthday wishes to **Gwen Parker**. Gwen celebrated her 96<sup>th</sup> birthday on February 9.

**Fisher Branch Women's Institute** would like to send special birthday wishes to **Pearl Homick**. Pearl celebrated her 95<sup>th</sup> birthday February 1.

Congratulations on reaching these milestones!



## **"My Memories of W.I."      By Chris DeVos**

I think it's about 36 years in the past  
That I joined W.I. Oh my, what a blast!  
I lived on a farm with lots of chores  
And was happy to meet women I knew not before.

Chris is a long time member of Fork River W.I.
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The first meeting I went to was at Vera's place:  
I listened to minutes, and plans were laid  
And after much talking a decision was made.  
Then, after a lengthy report about treasure,  
Some local news, oh what a pleasure!

And after the meeting Oh my, what a spread  
She put on the table, not just jam and bread,  
But ham and cheese and dainties galore,  
(so THOSE were dainties! Didn't know that before...)  
The table was set, so very pretty  
With lace tablecloths, fine china, and not one stain  
I thought, "Oh my dear it's really a pity  
That my cloth is plastic and my plates are all plain"

But when my turn came, we had fun all the same  
If the food is tasty, no one complains!  
I met Jessy and Alice, always upbeat,  
and Mary, a very nice person to meet  
Some people needed a month, or three  
To clean their house and make it dust free  
They did not know in the olden days  
That "I love you" written in dust brought them praise

The one with the jokes, that was Pauline  
Were they always proper? That's to be seen...  
So many women came to our meetings  
Some were laid back, and some were keen  
To change the world, to make it better  
To do that they wrote many a letter!

Women's night out we organized, Spring Fling we called it  
With topics so varied, you wouldn't believe it  
It took lots of thinking and work to conceive it  
Fashion shows, garden tips, home decorating,  
Scrap booking, dinner with wine tasting,  
A favourite for all was The Price is Right  
And Marsha and Lillian came over that night  
Marsha, as always, was very bright,  
For she went home with some prizes that night

Regional outings were always fun for us all:  
Remember the bleacher photo of our get-along?  
It almost went so terribly wrong!  
It nearly tipped over, but we had a ball

I am happy to say that I cherish the day  
 That I met all of you, and the ones who have gone, or moved away  
 I met many women, some big and some small  
 In the end you were friends, one and all.

December 09, 2022

Dear Ladies of the Manitoba Women's Institute,

This is a letter that I have been procrastinating over for several weeks. The Fork River WI, formerly of the Northwest Region, has decided to disband. This is bittersweet, as it is occurring on our local's Centennial. 100 years of WI in Fork River! There have been so many great memories and wonderful people along the way, so much laughter and even a few tears; so many worthwhile projects tackled, and so much valuable information shared.

I have loved my time as a member of the WI. I am going to miss sitting down with all the charming and diverse women in our local every month. Those little discussions that happened both before and after the meetings, were sometimes just as important, if not more so, than the meetings themselves. We were like a little family.

I am overwhelmed by all of the improvements and advancements we have collectively made for women and families in our region, our province and the world. By hosting fundraisers, providing informational speakers, and being part of the government lobbying process, women in 2022 have far more opportunities, rights, and equity than the dear women who first gathered in Fork River in 1922 to try to improve their lot in life.

When I think of the objectives that those Fork River ladies in 1922 had set out for themselves so long ago, we can now proudly look back as a Women's Institute and say, "Mission Accomplished".

We wish our sisters within the Institute all the best in the future, and thank you all for your commitment to the causes, your uplifting spirit, and your friendships. Keep up the great work!

Sincerely,  
 Lorna DeVos  
 (Final President of the Fork River Women's Institute)

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## ADVERTISING RATES

Business Card Size	\$15 per issue
Quarter Page	\$40 per issue
Half Page	\$65 per issue
Full page	\$90 per issue

Full information was in the February/March 2022 issue.

## Loaded Cauliflower

1 large head of cauliflower cut in bite size pieces (approximately six cups)  
 6-8 strips of bacon cooked and crumbled  
 1/2 cup of chopped onion  
 1/2 cup mayonnaise  
 1/2 cup sour cream  
 2 cups Colby Jack Cheese or Cheddar  
 8 oz. sliced mushrooms

Preheat oven to 425 °F (218.333 °C)

In a large pot boil water and cook cauliflower for 8 to 10 minutes.

Drain and let cool.

In a large bowl combine sour cream, mayonnaise, half of crumbled bacon, onion, 1 cup shredded cheese, mushrooms, cauliflower and mix well.

Place in large baking dish (9" x 13") and cover with remaining cheese and bacon.

Bake for 30 minutes until cheese is melted.

This recipe was shared by Joan Airey Rivers in the December issue of Agri-Post paper that is sent to farm box holders across the province.

We tried it for our Christmas dinner and enjoyed the recipe. We made the recipe as printed except for the mushrooms. (Our daughter is not a mushroom lover!) Our visitor tried the recipe with frozen cauliflower and it worked well. She just added the frozen cauliflower to the ingredients and cooked it for the time suggested.

I made the recipe recently and used raw cauliflower, broccoli, and tiny carrot slices. I didn't blanch the vegetables and just cooked it for the recommended time and it turned out great. I used crumbled bacon bits that I had on hand and again no mushrooms.

Ann Mandziuk, PHEC

## AGRICULTURE COMMITTEE REPORT

### 4-H is celebrating 100 years!

4-H is one of the largest youth organizations in the world in more than 70 countries. 4-H Canada has more than 23,500 members and 7,800 volunteers. Many W.I. members were 4-H members at one time and then stepped up to become 4-H leaders. Roland, Manitoba, is recognized as the birthplace of 4-H in Canada. The first Boys and Girls Club meeting was held in Roland in 1913. In 1951 the name 4-H was adopted. Originally 4-H projects were agricultural and home economics oriented. Now, there are all kinds of projects to pick from. There are 130 4-H clubs in Manitoba. Roland has a 4-H museum. It is housed in the former Royal Bank building.

4-H Canada Leadership Awards (a virtual event) will be hosted by Jon Montgomery on February 28, 2023. You can register online, tickets are \$25. Check out the website for further information. <https://4-h-canada.ca/>

Submitted by Gisela Nolting



## **MANITOBA WOMEN'S INSTITUTE RESOLUTIONS**

Following are the 5 resolutions put forward for your consideration. Locals, Members and the Resolutions Committee have been busy researching and drafting the 5 resolutions you see below. Mail in ballots will be circulated to MWI members and each of you will have the opportunity to vote in favour or against each of the resolutions as presented.

### **Manitoba Women's Institute**

#### **Resolution: Number 2023-1**

#### **Sponsors: Fisher Branch Women's Institute**

**Topic: Transportation of medically frail and vulnerable patients in non-emergency situations during inclement weather.**

#### **Be it resolved:**

Manitoba Women's Institute urge the Minister of Health direct all Regional Health Authorities to develop a written policy, available to the public, for the transportation of non-emergency medically fragile and vulnerable persons during inclement weather.

#### **Background:**

Transportation should not be conducted during inclement winter or extreme summer weather for non-emergency reasons when the patient's condition is in danger and could worsen or create an inability to recover. Hypothermia, frostbite, dehydration and heat stroke are conditions that Manitobans are warned to be wary of and must absolutely be prevented within the health care system.

For example, in December 2022, a 91 year old male patient was transferred from one rural hospital to another in frigid winter weather, for non-emergency reasons (i.e. to free up a bed), despite his medically fragile condition of pneumonia. He was transported not by ambulance but in a wheelchair assist van, placed in a wheelchair despite his inability to sit up, clad only in a hospital gown, bare legs and thin polyester socks, covered only in two hospital sheets. The staff stated the patient did not require his winter jacket, pants, boots, or hat as the vehicle was warm. This proved not to be true. He was loaded outdoors in -26°C weather (wind chill -33°C) and severe north winds. The daughter placed a quilt over the patient when it became obvious that due care and concern was not going to take place. Upon arrival at Hospital B, hours later, the patient was visibly shaking, in the beginning stages of hypothermia and exhausted due to the trauma of being transported in a van with nearly nonexistent heat, while inadequately clad or protected from cold. This incident forms part of a reoccurring pattern of decisions and is entirely unacceptable.

**Manitoba Women's Institute**

**MWI Resolution Number: 2023-2**

**Sponsors: Joan Todd, Narcisse WI**

**Signatories: Malinda Skogan, Vice-President Narcisse WI, Lynne Moore, Secretary Narcisse WI, Joan Todd – Member Narcisse WI**

**Topic: Banning the Transport of Live Horses from Canada to Japan for Slaughter**

**Be It Resolved:**

Manitoba Women's Institute urge the Canadian Minister of Agriculture and Agri-Food to enforce its government's promise to ban the transport of live horses by air from Canada to Japan for slaughter, and Manitoba Women's Institute urge Korean Air Cargo and Atlas Air Inc to stop the transport of live horses by their airlines.

**Background:**

The Liberal Party of Canada committed to banning the export by air of live horses for slaughter in its September 1, 2021 election campaign platform.

Two petitions to the federal government received thousands of signatures in support of banning the air transport of live animals from Canada: 2021 petition e-3187, and 2023 petition e-4190.

On December 16, 2021, the Minister of Agriculture and Agri-Food was informed, through the Prime Minister's mandate letter, that the exports by air of live horses for slaughter are to be banned. This ban is not yet in place.

Every week there is a shipment from either Winnipeg, Edmonton or Calgary airports exporting live horses to Japan for slaughter. Every year thousands of live horses are slaughtered in Japan for the production of "basashi".

Despite current Canadian transport regulations, the transportation of live horses for export overseas is deemed inhumane for the following reasons:

- \* Horses are deprived of pain medication commonly used to treat chronic pain issues, due to being bred for human consumption.
- \* Three to four horses are inadequately crated for transportation with little to no head space for taller animals.
- \* Current transport regulations allow for the horse to be deprived of food, water and rest for up to 28 hours during all stages of loading and transportation. This time period is often exceeded.



- \* Live horses being air transported experience high noise volumes to which they are sensitive and to unsettling motion changes during take-off, flight and landing.
- \* Current regulations do not account for extreme weather conditions.
- \* Horses have experienced harm and death during such air transport.

#### **Supporting Documentation:**

Dr. Judith Samson-French, an Alberta Veterinarian states this is a cruel and indefensible: "Horses for live export are neither conditioned nor trained for this most stressful experience of being shipped by air. Psychological stress and fear are easily noted at times of loading due to lack of head clearance, rapid mixing of horses, the forced crating and methods that make this happen." "The strange noises, inclement weather, smell of jet fuel add to the confusion and panic prior to their overseas flight."

New Zealand has banned the export of live horses. The United States and Britain are also considering the ban of live animal export.

[CityNews - Winnipeg Humane Society - Campaign to end Horse Exporting](#)

[CTV W5 - Flight Animals - A glimpse inside Canada's 'sinister' horse meat industry](#)

[Canadian Horse Defence Coalition - Website](#)

[Canadian Horse Defence Coalition - Facebook](#)

[Canadian Food Inspection Agency Acknowledges Transport Time Issues](#)

[Jann Arden - Website - Horse Export](#)

[The Toronto Star - Questioning Why Horse Export Is Still Happening](#)

[The Globe and Mail - The Cruelty of Horse Export](#)

[Former MP Nelson Riis - Ban Horse Export](#)

[Montreal SPCA - Ban the Export of Live Horses](#)

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**Manitoba Women's Institute**

**MWI Resolution Number: 2023 - 3**

**Sponsors: MWI Zooming Monarchs Institute**

**Topic: Prioritize the Social Determinants of Health and Wellness of Diverse Women and Girls**

**Be It Resolved:**

Manitoba Women's Institute urge the Minister of Health to address and prioritize the impact of social determinants of health and wellness of diverse women and girls

**Background:**

Generally, women experience challenges accessing health and wellness services specific to their needs. Many diverse women and girls face additional barriers. These barriers include geographic isolation (rural or northern communities), oppression (misogyny, sexism, violence), poverty, language, lack of accessibility (including lack of internet access - see MWI Resolution 2022-4).

The healthcare system in Canada is in crisis. Innovation, reconciliation, equity, diversity, inclusion and accessibility are fundamental to a much needed transformation of our healthcare system. It must be more responsive to the needs of diverse women and girls who represent over half of the population in Canada (50.73% of our population: 18,765,745 women).

Consultation with diverse women and girls will further help inform policymakers of what these priorities are. This is consistent with research currently being conducted by the Canadian Institutes of Health Research, Women and Gender Equality Canada and the recently formed Women's Health Research Institute. This research is designed to improve health care and enhance health outcomes for all women and girls in Manitoba and Canada.

**Supporting Documentation:**

<https://www.canada.ca/en/public-health/services/health-promotion/population-health/what-determines-health.html>

[MWI Resolutions \(resolvesoftware.ca\)](#)

[Statistics Canada search results for 'demography' \(statcan.gc.ca\)](#)

[Government of Canada launches the National Women's Health Research Initiative - Canada.ca](#)

[National Women's Health Research Initiative - CIHR \(cihr-irsc.gc.ca\)](#)

**Manitoba Women's Institute****MWI Resolution Number: 2023 - 4****Sponsors: MWI Zooming Monarchs Institute****Topic: Reinstatement of the Mature Women's Centre****Be It Resolved:**

Manitoba Women's Institute urge the Minister of Health to reopen the Mature Women's Centre that operated for twenty three years but was closed in 2017.

**Background:**

The Mature Women's Centre was a centre of excellence in gynecological and menopause medicine serving 5,000 women annually. It provided a holistic, interdisciplinary approach (menopause nurse clinicians, pharmacist, kinesiologist, dietician, etc.) essential for menopausal women who have increased risks for cardiovascular disease and depression.

The Mature Women's Centre provided efficient and effective alternatives to surgery including the Hysterectomy Alternative Program (HAlt) for the diagnosis and management of abnormal uterine bleeding and uterine fibroids. After the closure, patients were left with overworked general practitioners or community gynecologists (if one was in practice near them). Health inequities for women in rural and northern Manitoba persist but at least these women had access to the Mature Women's Centre through referral. Now, only complex cases are referred to Women's Hospital in Winnipeg which offers numerous services: ambulatory, pregnancy and prenatal, labour and delivery, postpartum, and surgical care – none of which specialize in mature women's health needs.

This closure appears to be a symptom of the lack of prioritization of women's health issues. But recently (October 2022), the Canadian Institutes of Health Research and of Women and Gender Equality Canada initiated a partnership on research to improve health care and enhance health outcomes for diverse women and girls who represent more than half of the population.

In 2021, recognizing the ongoing health care gap for mature women, Health Minister Audrey Gordon expressed that the provincial government was open to reviving the Mature Women's Centre. It is urgent that the Province do so.

**Supporting Documentation:**

<https://globalnews.ca/news/9449555/women-heart-health-barriers-inequities-report/>

<https://www.hopkinsmedicine.org/health/conditions-and-diseases/menopause-and-the-cardiovascular-system>

[Government of Canada launches the National Women's Health Research Initiative - Canada.ca](#)

[National Women's Health Research Initiative - CIHR \(cihr-irsc.gc.ca\)](#)

[Closure of Mature Women's Centre an unprecedented assault on women's health | CBC News](#)

<https://www.cbc.ca/news/canada/manitoba/closure-of-women-s-health-centre-a-great-disservice-patients-say-1.4214847>

**Manitoba Women's Institute****MWI Resolution Number: 2023 - 5****Sponsors: MWI Zooming Monarchs Institute****Topic: Creation of a Hybrid Healthcare Employment Training Program****Be it resolved that:**

Manitoba Women's Institute urge the Minister of Health and the Minister of Advanced Education and Training to work together to create a hybrid healthcare employment training program. This program aims to help prioritize social determinants of health and wellness for diverse women and girls in rural and northern Manitoba. The program should include free online learning, paid on-the-job training, mobile classrooms and equipment for specialized hands-on learning, as well as on-site and virtual educators and mentors.

**Background:**

The present system of in-classroom-only option for retraining disadvantages many participants, particularly women who have competing responsibilities for childcare and for contributing to the economic well-being of the family unit.

Rural women are more impacted by lack of retraining opportunities than urban candidates.

Newcomer women, many of whom were fully-trained healthcare professionals before immigrating, often are delayed many years, or are forced to participate at a reduced level (for example, as care aides rather than doctors and nurses) or are lost to their profession altogether.

Mobile and on-line classrooms will help train healthcare workers to provide much needed care for Manitobans living in rural and northern communities. This builds a local labour supply, and strengthens women, families and communities.

Paid on-the-job training provides income and the opportunity to deepen healthcare knowledge as well as language skills for women who have English or French as an additional language.

This hybrid model can then be replicated for other sectors in dire need of human resources throughout the province.

**Supporting Documentation:**

<https://www.canada.ca/en/public-health/services/health-promotion/population-health/what-determines-health.html>

<https://www.cbc.ca/news/canada/manitoba/doctors-manitoba-website-emergency-room-hospital-closures-1.6500370>

<https://winnipeg.ctvnews.ca/i-m-really-angry-staff-shortages-temporarily-closing-some-rural-manitoba-emergency-rooms-1.5972196>

[Manitoba should focus on registering local internationally trained nurses, not recruiting abroad: association | CBC News](#)



**Manitoba Women's Institute  
2023 Registration Form  
Annual General Meeting (AGM) & MWI Women's Day (Hybrid)  
April 28<sup>th</sup> & April 29<sup>th</sup>, 2023**

**Name:** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_

**Email address:** \_\_\_\_\_

**Telephone Number:** \_\_\_\_\_

**I am a WI member of** \_\_\_\_\_ **for** \_\_\_\_\_ **years.**

**I am an Interested Attendee:** (circle one) **Yes No**

**I am a first-time attendee:** (circle one) **Yes No**

**I will be participating in the:** (circle one)

AGM    MWI Women's Day    Both the AGM & MWI Women's Day

**I will be attending the event:** (circle one)

Virtually (via Zoom) **OR**    In person at the Dugald Community Club

**Registration fee:** \$25.00 in person or \$20.00 virtually

**AGM Meet & Greet Refreshments and the MWI Women's Day Luncheon included**

**Microgreens Make & Take activity supply fee:** \$10.00 per person (optional)

**To register:**

**Mail** registration form and registration fee to Debra Barrett, P O Box 1311, Stonewall, MB R0C 2Z0 **on or before April 15, 2023.**

**or**

**Email** your registration form to [mbwi@mymts.net](mailto:mbwi@mymts.net) and e-transfer the registration fee to [mwi.financial@gmail.com](mailto:mwi.financial@gmail.com) **on or before April 15, 2023.**

\*\*\*\*\*

**FOR OFFICE USE:** Date received: \_\_\_\_\_ Fee Enclosed: \_\_\_\_\_



## Domain Women's Institute Celebrates 75 Years

WI has been a mainstay women's organization in Domain for 75 years. That's a long time of good works in the community and strong friendships amongst Members.

This is definitely something to celebrate so Domain Members are hosting a daylong event to do just that with our theme of '75 Years and Onward'. On May 10, 2023, the Domain Community Hall will be buzzing with activity. In the morning, WI Members from across our province are invited to join current and alumni Domain WI Members in the 'good old fashion' way of meeting, sharing and having fun.



Domain WI Members looking forward to their 75<sup>th</sup> Anniversary Celebration

It wouldn't be a WI meeting without delicious food, so of course lunch is included as well as a 75<sup>th</sup> anniversary cake for those with a sweet tooth.

WI continues to be an organization of inspiration and support to its Members and their rural communities.

The afternoon activities are open to the general public. Many will want to attend the Keynote Speaker, Catherine Wreford Ledlow, winner of Amazing Race Canada. Catherine is a performer, a teacher, an adjudicator, a stretch expert, a mentor and a motivational speaker. She is a lover of life who encourages and inspires everyone to run their own amazing race!



**Catherine Wreford Ledlow, Keynote Speaker**

Thanks to many generous sponsors, the cost to attend the celebration is low - \$15.00 per person gets you lunch and the activities of the day. Registration form is on page 20.



**75 YEARS AND ONWARD  
DOMAIN WOMEN'S INSTITUTE  
WEDNESDAY MAY 10, 2023  
DOMAIN HALL**

**KEYNOTE SPEAKER  
CATHERINE WREFORD LEDLOW  
Amazing Race Canada 2022 winner**

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

\$!5 for the whole day (including lunch) starts at 9:30 am-----

\$10 for afternoon program only starts 1:00 pm-----

Register with:

Carol 204-736-2681  
cmmp50@hotmail.com

Jane 204-736-4072  
ejanewm@icloud.com

Domain WI  
Box 38  
Domain MB R0G 0M0

Registration deadline **MAY 3, 2023**

## Yarn Hoarder Test

**Add one point if you have:**

- ☐ Yarn stashed anywhere in your home
- ☐ 3+ yarn storage spots in your home
- ☐ Ever spent more money on yarn than food
- ☐ Yarn in more than 3 weights
- ☐ Secret yarn hidden from a spouse/roommate
- ☐ Crochet thread you've never used
- ☐ Yarn you've forgotten about... probably
- ☐ More than 3 active WIPs
- ☐ Received yarn for your birthday or Christmas
- ☐ At least 6 different colors of yarn
- ☐ Scrap yarn saved up for later
- ☐ Two or more distinct scrap yarn stashes
- ☐ Unopened yarn from more than 3 years ago
- ☐ Mystery yarn with no skein jacket or label
- ☐ Over 5 storage tubs stuffed FULL of yarn.
- ☐ An organization system only you understand
- ☐ Spent more time with yarn than family & friends
- ☐ Repurposed yarn (e.g. from a thrift store sweater)
- ☐ Expensive yarn you bought but never used
- ☐ Told someone the yarn just hopped into your cart

**If you have over 10 points, you might have a yarn addiction.**

Salty Pearl Crochet

## **If you can't join us in Malaysia in person....**

We are facilitating an option to observe much of the conference from the comfort of your home. Have a read of the flyer below, and let us know if you have any questions!



[www.acww.org.uk](http://www.acww.org.uk)  
[worldconference@acww.org.uk](mailto:worldconference@acww.org.uk)



# **Want to attend the Triennial World Conference online? For the first time ever, you can!**

## **How does it work?**

Use the QR code below or visit [www.acww.org.uk/2023-world-conference](http://www.acww.org.uk/2023-world-conference) and register. You simply fill in the form, and continue to the next page to pay the one-off fee of £75. This will register you for online attendance, and you will receive an automated email to confirm that you have been registered. Nearer the time, you will be sent a special website link, and a password, so you can access the private Online Conference page. There you will be able to watch the Conference live, as well as access a whole host of additional benefits. *Please note you will need an internet connection and suitable device to watch the Conference online!*

## **What do I get for the registration fee?**

**As well as being able to watch all Conference business sessions, you will be able to watch:**

- The Opening Ceremony, held in the presence of HM The King and HM The Queen of Malaysia
- The Thanksgiving Ceremony and Closing Ceremony
- Video updates and highlights from cultural events and other activities throughout the Conference

## **In addition:**

- We will post you a Conference Pack, with a copy of the programme, and additional information
- With your Conference Pack we will also send you a special "Online Participant" Conference Badge
- Throughout the week we will post updates, mini-videos, and photos
- You'll get PDF recipe cards so you can cook along and enjoy meals that will be served throughout the Conference

After the Conference you'll be able to re-watch sessions, and we will update the page with photos and other updates, allowing you to catch up in your own time if the timezone is inconvenient or you want to relive some of the good times!

**Full package for Online Attendance £75**

**Use this code to register or visit  
[www.acww.org.uk/2023-world-conference](http://www.acww.org.uk/2023-world-conference)**



## Coming Events

### FEBRUARY

- 13—Zooming Monarchs Virtual Branch meeting
- 16—**MWI** Women in Leadership Zoom presentation, Tessa Blaikie Whitecloud
- 19—Manitoba Women's Institute Day
- 22—WI Day FWIC Zoom event
- 23—Canada's Agriculture Day
- 27—Adelaide Hunter Hoodless's birthday

### MARCH

- Canadian Agricultural Literacy Month
- 1—World Complement Day
- 8—International Women's Day
- 8—FWIC Zoom event
- 13—Zooming Monarchs Virtual Branch meeting
- 21—International Day for the Elimination of Racial Discrimination
- Deadline for Nellie McClung Scholarship

### APRIL

- 1—Deadline for April-May newsletter
- 10—Zooming Monarchs Virtual Branch meeting
- 19—Energy Event FWIC
- 22—Earth Day
- 28-29—**MWI** AGM & Women's Day In Person and Virtual, Dugald
- 29—ACWW Women Walk the World

### MAY

- 8—Zooming Monarchs Virtual Branch meeting
- 12—Deadline for Manitoba Women's Scholarship
- Red River Exhibition Foundation
- 17-25—ACWW Triennial Conference, Kuala Lumpur, Malaysia

### JUNE

- 12—Zooming Monarchs Virtual Branch meeting

### JULY

- 8—International Peace Garden proposed opening of the Conservatory Expansion (Cactus Garden)

## Random Acts of Kindness

According to a Google search February 17, 2023 is *Random Act of Kindness Day*. What surprise acts of kindness would you like to bestow on someone in your home, in your community, a group you belong to, or a place where you volunteer.

My mind is full of ideas and some don't even cost anything but a bit of your time. Here are a couple .....

- ♥ Drop a couple of cookies off at your neighbours door (secretly)
- ♥ Offer to look after a young child for a mum who is in your area
- ♥ Hang a Smiley Face in your window

## Test Your Knowledge.....

1. Name the one sport in which neither the spectators nor the participants know the score or the leader until the contest ends.
2. What fruit has its seeds on the outside?
3. In some liquor stores, you can buy pear brandy with a real pear inside. The pear is whole and ripe, and the bottle is genuine; it hasn't been cut in any way. How did the pear get inside the bottle?

1. Boxing.  
2. Strawberry.  
3. It grew inside the bottle. The bottles are placed over the pear buds when they are small and wired in place on the tree. The bottle is left in place the entire growing season. When the pears are ripe, they are snipped off at the stems.

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To comment or to make a submission, please send an e-mail to:

mbwi@mymts.net

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