



1129 Queens Avenue, Brandon, MB, Canada R7A 1L9

Our COVID-19 Stories collection has generated memorable submissions. Please read the excerpts from some of the stories we have received so far. Remember, the due date to submit your story is **June 30th, 2022**. Be part of the history that your great-great grandchildren read when researching Manitoba's past.

Thank you for being a part of Manitoba's history.....

Despite any positive spin one can put on the pandemic the inability to not celebrate Christmas with my family in 2020 just about broke my spirit, I was left heart broken and sad beyond belief. The tree was up, and house decorated but they were a sad reminder of what I treasured, which would be missing.

We are slowly emerging from the isolation of the past two years. Our community will not be the same – there are people who have died, there are some who are still too nervous to be in a crowd – however, we are inching our way back to each other. My prayer is that we will not forget the trauma of this isolated time in our lives. To be together, face to face, is an incredible gift. May I never take it for granted.

Before vaccines became available, we lost a member of our family to the ravages of this disease, but I was given the opportunity to witness first-hand the care and compassion provided by the health care workers in the Nursing Home. I'm thankful I was given the chance to say "good-bye" to my mother.

Computers and social media constitute a love/hate relationship for many people but in the COVID-19 era they brought me happiness and made me feel closer to people even if it was only on the screen of my computer or iPad.

We all know friends or family that lost loved ones due to COVID. They suffered horribly because they were unable to be with them at the end. We have lost members of our extended family and have been unable to be there to help family grieve through visits and funerals. It has changed our lives drastically; we wonder if we ever will adjust to the new normal.

As the dangers of infection increased, as staff became ill and residents succumbed to the virus, the government imposed necessary restrictions on care homes. No longer could Mom see her loved ones. She became lonelier. We decided it was now time to bring her to our home.

Every time I think of the pandemic which eventually took my dad's life, I remember the happy times that our family shared. His memory will always remain with me. I will miss him to the day I die, but will always cherish the love of poetry and music that he instilled in me.

Manitoba Women's Institute

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Mission Statement

"Manitoba Women's Institute is an organization that focuses on personal development, family agriculture, rural development and community action... locally and globally."

Vision Statement

Manitoba Women's Institute strengthens women, families and communities.



Visit www.acww.org.uk for a new ACWW experience, updated resources, new presentations, more information, easy membership renewals.

Visit the FWIC website
<https://www.fwic.ca/>



WE ALL KNOW THAT
MIRRORS DON'T LIE...
I'M JUST GRATEFUL THAT
THEY DON'T LAUGH.



President's Thoughts

Greetings everyone,

As I sit to write a report on the events of the past couple months I am amazed that April and May have flown by, and June has begun. At least June is starting with a sunny day forecast for the days to come. We can hope!

My first thought is to express my gratitude to Janice Harrison for the years she volunteered to sit on the MWI Board. Janice provided the board with a tart sense of humour and an ability to cut through any issue and reach a quick decision. I appreciated her assistance in keeping discussions focused and on topic. As the International Peace

Garden (IPG) liaison she was instrumental in working with garden personnel to find and purchase a rare cactus for the IPG Cactus House. If you are in the gardens this year stop by and ask to see the MWI Cactus purchased by IPG with the generous funds provided by all of you, MWI members. Janice, may you and Cliff have many winters as snowbirds looking for cacti in the warm climates.

As in any retirement, one person leaves and a new person comes on board, and we would like to welcome Jacqueline Chartrand from the Springfield WI as the new Eastern Rep. Jacqueline has a keen desire to work with sister organizations to better the lives of Manitobans. Welcome, Jacqueline!

As we look forward to summer, we must once again consider our MWI office hours. This summer our office will once again be closed from July 4th to August 31st allowing Angela to spend quality time with her family. We will be checking messages and emails weekly. However, for issues requiring an immediate response please contact myself at DebraMWI@gmail.com or Liz Chongva at chongval@mymts.net Our full contact information is included on the second page of each newsletter.

Please join the zoom presentation on "Pulses" to be held June 2nd at 7pm. We may get a whole new perspective on healthy eating. Stay tuned for advertising of this fall's zoom presentation schedule in the August newsletter.

A huge thank you goes out to Woodmore WI and Fisher Branch WI who let us know that they gathered household and clothing donations for our new Manitoba residents from the Ukraine. Should members require information on sending donations to help house the Ukrainian families, please contact the office and we will attempt to help find a drop off point close to you.

Lastly, on behalf of my own WI branch, we invite all members to join us in celebrating our 75th Year as a WI. As is our usual practice we are planning a fun packed day of activities and laughs coupled with tasty treats. Please **Save the Date** of September 10th to join the Fisher Branch ladies in celebrating our 75th and the Grand Opening of our WI Park.

Remember, all WI members celebrating events in your regions please contact the office so we can promote and participate in your event. Celebrating WI events is important and helps us to recognize the important work each WI member brings to her community and Manitoba.

Happy summer! Wishing you happy days filled with sun and fun.

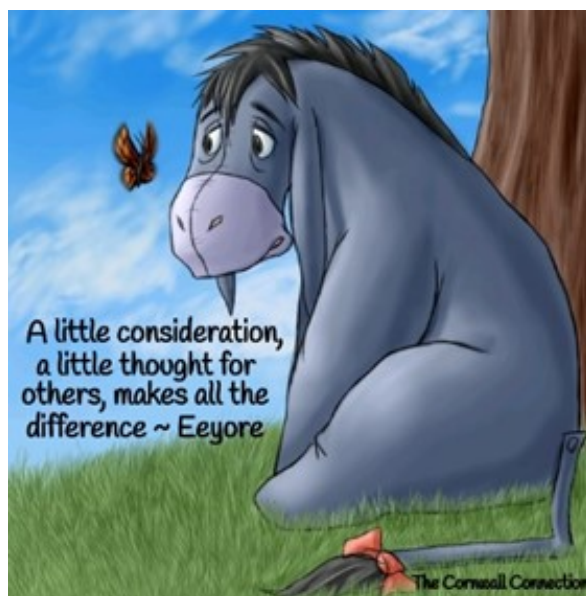
Debra Barrett

COVID Stories Please

Please remember to submit a story on how COVID-19 impacted you by June 30th, 2022 to the MWI office (MWICOVIDstories@gmail.com) . Stories may come by email or mail. These stories will be of interest not only to research groups in the future but to your great-great grandchildren/nieces and nephews who may face similar pandemics and want to learn how the strong women of their family survived COVID in 2019-2023. Each story is a glimpse of our lives, and each is of value and will be cherished by the future generations of your family.

11 FUN USELESS FACTS

1. Months that begin on a Sunday will always have a "Friday the 13th"
1. Coca-Cola would be green if colouring weren't added to it.
2. Earth is the only planet not named after a god.
3. You are born with 300 bones, but by the time you become an adult, you only have 206.
4. It's against the law to burp or sneeze in a church in Nebraska, USA.
5. Owls are the only birds who can see the colour blue.
6. A giraffe can clean its ears with its 21-inch tongue!
7. An ostrich's eye is bigger than its brain.
8. Fingernails grow nearly 4 times faster than toenails!
9. One quarter of the bones in your body are in your feet.
10. There is a city called Rome on every continent.



EXECUTIVE ADMINISTRATOR'S REPORT

It is almost summer!

It's hard to believe how fast nature recovers from a long winter. Just like that everything is green and in bloom. Gardens are planted, and flowers are coming up. It has not been an easy spring for many. My heart goes out to those affected by recent flooding.



The office has been very busy with the ballot count at the beginning of May. The process went smoothly and I thank everyone who voted. You will find the results in this newsletter.

Zoom sessions were popular. In April we had many registered for the Monarch butterfly presentation. Unfortunately, it was also the night before an unexpected snowstorm so many had to secure their properties and could not attend. Many joined us in May as we learned about Herbs and their uses. We look forward to having you join on upcoming sessions, June 2nd on Pulse Crops and many planned for the fall.

The COVID stories submissions have been a delight to read. It really takes you back to what we went through, and that is exactly what we want to see. Your story. How you coped. Some of them have been positive, some have been emotional. These are the moments, good or bad, that we want to capture for generations to come. The deadline is June 30th. Please take time to submit a story, a poem, even a paragraph of how COVID-19 has affected your life. We look forward to compiling the book for the fall.

The office will once again be closed this summer. The dates of the closure are July 4th to August 31st. Please note, I will still be checking emails, the mail, and the phone messages. If you have an urgent matter, please contact Debra Barrett or Liz Chongva (contact information is listed in this newsletter under the Board of Directors)

I am wishing you the best summer possible, with plenty of sunshine, relaxation, and time with family and friends.

Until next time...
Angela

MWI Summer Office Hours

The MWI office will be closed from July 4 to August 31st, 2022 to allow Angela time off with her young family. We will be checking phone messages and emails once per week. Should you need immediate service during the summer, please email Debra at DebraMWI@gmail.com or Liz at chongval@mymts.net. Liz and my phone numbers are located on the second page of each newsletter.

MEET A MEMBER

Our newest board member, representing the Eastern Region, is **Jacqueline Chartrand** from Springfield WI.

When we started talking Jacqueline commented she was just an ordinary person, but, as we talked it became very obvious to me that she is an extraordinary woman who has lived a very full and varied life.

Jacqueline's exposure to Women's Institute came when a friend invited her to a Springfield WI meeting. She was living in a rented house in Dugald at the time and dealing with health issues in her family. The kindness and acceptance shown by the women in the group was very important to Jacqueline and she felt gratitude and admiration for the women. She joined the group and later became involved as a vice president so she could offer support to the president.

Since joining WI, Jacqueline has moved to Beausejour but continues to belong to Springfield and enjoys traveling with Doris Koss to meetings. She appreciates Doris's willingness to share with her community and show concern for her community and the organization.

Jacqueline has 5 children and 1 adult son she lost several years ago. Her extended family includes 17 grandchildren, 2 great-grandchildren.

Jacqueline's interests are varied but compassion and empathy for people are upper most in her mind. She feels we need to be present and help all that we can. She would like to see WI introduced to younger women in different communities. One of her daughters recently joined WI and this may become a reality for Jacqueline as her daughter talks to her friends and peers about the organization and some of the work that can be done.

In some of her work and organizations Jacqueline has been involved with the rights and freedoms of women and the vulnerable have been important. In WI these are topics that we have worked on Human Trafficking and domestic abuse being 2 that have been topics of presentations and our Made in Manitoba Project.

Jacqueline is an avid reader and enjoys visiting the library looking for good books. She has also taken a creative writing course and was encouraged to write short stories and is a published author. She is a proof reader and editor (oh, dear – I'll need to be extra careful with this article!)

She is very interested in philosophy and theology (she would have liked to have been a chaplain). Most recently Jacqueline served as Returning Officer for the Manitoba Metis Federation provincial election in the Southeast Region of Manitoba.

Jacqueline commented on the Mary Stewart Collect – she loves it and is drawn to the words and appreciates opening meetings with the 'Collect'. Welcome to the board.

Ann Mandziuk, PHEC

Manitoba Women's Institute
Report on AGM 2022
Results of the Mail in Vote in lieu of an In-person AGM

AGM 2022 was coordinated by the Executive Committee, planning began in late fall when it became clear that COVID-19 restrictions and the concern of members about gathering in groups outside their close contacts would make holding an in-person AGM unrealistic.

Once again we considered a virtual AGM but due to non-existent or limited internet service in many areas of Manitoba and the inability of many members to participate in a virtual AGM due to their technological awareness we chose to rely on a mail-in vote. Based on the positive feedback, we received regarding each member being able to cast their vote by mail, we believed a mail-in AGM vote was the most fair to all members.

The mail-in vote was again very successful with 121 members (68%) choosing to submit their vote, 1% more than last year. Costs to conduct the mail-in vote were two fold with half of the mail out covered by our in-kind services provided by the Manitoba Government under our in-kind agreement with the other half of the cost coming from the monies we saved in not holding an in-person 2022 AGM.

Thank you everyone for your votes, feedback and resolution ideas. Attached for your information are the vote results, the feedback/comments, future resolution ideas, and the answers to questions submitted by members.

Please remember that we are available to answer questions and discuss ideas any time throughout the year by either emailing or phoning a board member. Our contact information is always on the second page of every newsletter.

Thank you for your dedication to our Manitoba Women's Institute.

The process we used for calculating the votes was that on the morning of May 9th, 2022, Angela Pickett, Executive Administrator, along with two volunteer Scrutineers, Leanne Sprung, MB Agriculture Leadership Specialist and Dawn Krinke, retired 4H Manitoba Executive Director met at the MWI office to count the ballots.

On the morning of the count, the ballots were split into 3 piles and opened by the three scrutineers. All envelopes at that point were disposed of, therefore not identifiable to who had sent in the ballot.

The ballots were counted, the scrutineers recorded the votes, and then recounted to ensure all were counted. The numbers were compared, there were no discrepancies, and the three scrutineers had matching totals.

We would like to thank our volunteers Leanne and Dawn, for being part of this year's vote

Results of the Vote

1. Renaming of Southwest A to Southwest region

Motion: Moved by Peggy Bradshaw that the Manitoba Women's Institute rename the region Southwest A to Southwest be approved and adopted. Seconded by Debra Barrett.

I accept and approve renaming of the Southwest A region to Southwest region.

Yes- 121 No- 0

2. Financial statement for 2020-2021

Motion: Moved by Debra Barrett, the MWI Finance Committee chairperson, that the MWI 2020-2021 Reviewed year-end Financial Statement, provided by Sensus Partnership of Chartered Accountants, be accepted and approved as presented. Seconded by Gisela Nolting.

I accept and approve the reviewed MWI year-end Financial Statement as presented.

Yes- 120 No- 0 Abstain- 1

3. Hiring of Accountant to review financial statement

Motion: Moved by Debra Barrett, the MWI Finance Committee chairperson, that Sensus Partnership of Chartered Accountants be accepted and approved as the financial reviewer of record for the coming year, 2022-2023. Seconded by Janice Harrison.

I accept and approve the appointment of Sensus Partnership of Chartered Accountants as the Manitoba Women's Institute's reviewer for the coming year.

Yes- 121 No- 0

4. Minutes of 2021 AGM

Motion: Moved by Debra Barrett, that the 2021 AGM Minutes of the Mail in Ballot Results be accepted and approved as presented. Seconded by Peggy Bradshaw.

I accept and approve the 2021 MWI AGM minutes of the mail in ballot results as presented.

Yes- 119 No- 0 Abstain- 2

5. Appointment of MWI Board of Directors for 2022-2023

Motion: Moved by Ann Mandziuk to approve the slate of in-coming Board of Directors positions for 2022-2023. Seconded by Peggy Bradshaw.

President	Debra Barrett
President-elect	Vacant
Eastern Representative	Jacqueline Chartrand
Southwest A Representative	Peggy Bradshaw
Winnipeg/Interlake Representative	Gisela Nolting
FWIC Representative	Denise Joss
Acting UofM Home Ec.	Ann Mandziuk
MB Government Appointee	Heather Cummings
MB Government Appointee	Michele Gurman
Department of Agriculture Liaison	Thelma Blahey

I accept and approve the in-coming Board of Director positions for 2022-2023.

Yes- 118 No- 0 Abstain- 3

6. Vote for the position of Federated Women's Institute of Canada (FWIC) Representative

Motion: Moved by Liz Chongva to approve and accept the nomination of Denise Joss as MWI's representative to the FWIC board for 2022-2025. Seconded by Peggy Bradshaw.

I vote to elect Denise Joss as the MWI representative to the Federated Women's Institute of Canada (FWIC) board of directors for 2022-2025

Yes- 116 No- 1 Abstain- 4

Resolutions

MWI Resolution 2022-1

Improving Wait Times for Mental Health Services in Manitoba submitted by sponsors Denise Joss, Peggy Bradshaw, Jacqueline Chartrand, Trish Masniuk, Rose Chopp.

Motion: Moved by Debora Durnin-Richards, the MWI Resolutions Committee chairperson, that the Manitoba Women's Institute urge the Minister of Mental Health and Community Wellness and the Government of Manitoba to increase availability for timely Mental Health Services in the Province of Manitoba. This may include but is not limited to increasing staffing of existing community mental health service therapists, suicide prevention workers, counselors and specialists; increasing private mental health care services; subsidizing private mental health care services; tracking major outcome statistics (wait times, frequency of follow-up, referral to specialist care) with the aim of reducing delays and increasing timely service. Seconded by Jacqueline Chartrand.

I accept and approve Resolution 2022-1 as described in the MWI February newsletter.

Yes- 119 No- 1 Abstain- 1

MWI Resolution 2022-2

Compassionate decision-making processes in the placement of family members in a Manitoba health care facility submitted by the Domain WI.

Motion: Moved by Debora Durnin-Richards, the MWI Resolutions Committee chairperson, that the Manitoba Women's Institute urge the Ministers of Seniors and Long-term Care, and of Mental Health Community Wellness, and the Government of Manitoba to reconsider its policies and practices related to moving patients/residents to hospital and care home facilities. When a person must be hospitalized or placed in long term care, such decisions used to determine location of placement should include, but not limited to the physical address (community) of the loved one/primary caregiver and the distance to and from the placement location; the primary caregiver's mobility, health and ability to access the placement locations; the financial impact and ability to pay costs associated with accessing the location of the hospitalized/in-care person; the challenges the primary caregiver may face in accessing said location (i.e. other people in their home they are caring for such as children, elderly parents or other dependent persons). Such policies and practices should be implemented without causing harm and hardship to the patient/resident or the caregiver(s). Seconded by Janice Harrison.

I accept and approve Resolution 2022-2 as described in the MWI February newsletter.

Yes- 117 No- 3 Abstain- 1

MWI Resolution 2022-3

Cell phone coverage in rural Manitoba resubmitted by the Manitoba Women's Institute on behalf of the Fisher Branch WI and Fork River WI due to the inadequacy of implementation of equitable cell service for all rural, northern and agricultural areas.

Motion: Moved by Debora Durnin-Richards, the MWI Resolutions Committee chairperson, recommend that the Manitoba Women's Institute in solidarity with the Fisher River, Peguis and Jackhead First Nations and the Rural Municipalities of Fisher and Armstrong, recommend that the Government of Manitoba and the Canadian Radio-television and Telecommunications Commission (CRTC) require all telecommunications companies operating in Manitoba provide full cell phone service and coverage in all rural, northern, and agricultural areas within six (6) to eighteen (18) months. Seconded by Debra Barrett.

I accept and approve Resolution 2022-3 as described in the MWI February newsletter.

Yes- 119 No- 2

MWI Resolution 2022-4

Internet Coverage in Manitoba resubmitted by the Manitoba Women's Institute on behalf of the Marketing and Promotion Committee, Manitoba Women's Institute.

Motion: Moved by Debora Durnin-Richards, the MWI Resolutions Committee chairperson, that Manitoba Women's Institute request the Government of Canada and Manitoba and the Canadian Radio-television and Telecommunications Commission (CRTC) to require all telecommunications companies operating in Manitoba to provide full high-speed internet coverage to all rural and remote areas of Manitoba within six (6) to eighteen (18) months. Seconded by Ann Mandziuk.

I accept and approve Resolution 2022-4 as described in the MWI February newsletter.

Yes- 119 No- 2

Member Feedback/Comments/Questions

- Regarding resolution 2022-2: A no vote with the comment "although I do feel that these are considered"
- Response- Thank you for your comment, it will be passed along to the 2023 Resolution Committee for their consideration when reviewing next year's resolutions.**
- Thank you to the board and Angela for your work on our behalf.
- Thank you to all those brave and dedicated women who fought so hard to give us the vote! God bless them and please women of the WI, exercise that privilege. It's a gift!
- Enjoyed my years with the board but new adventures await as grandbabies are older now (10-20 years) and it is time to travel again with my hubby. Take care and we will see you as we move along the WI trail.
- Thank you to all women who have gave their time, talent, and patience through the pandemic times for our WI. With much appreciation. Mary N.
- Thank you to Angela Pickett and the MWI Board of Directors for your work and dedication to keep moving forward through the challenges of the last few years. Heather H.

- I said yes to #1- renaming Southwest A to Southwest. I don't know why you just don't name it the "western" region

Response – When Southwest A & B joined as one the Northwest Region chose to remain separate. Therefore, we have two regions in the west which function independently from each other.

- Congratulations on all the hard work and efficient things that have been accomplished in over the past several years. It's certainly been difficult COVID years.
- MWI is a wonderful organization, Doris K. (a member since approx. 30 years formerly with Beausejour WI 1976-)
- I am loving the Zoom presentations. Can't always attend (join) each one but really enjoyed the ones I could. Thank you, Rosie
- Regarding the financial Statement: was a report received by members?

Response – yes, it was sent to all members with an email along with the Annual Report via email, and for those without an email, the financial statement was sent with the Annual Report by mail.

- Why and how was the position of Advisor added to the board? Is this an appointed position? Is it a voting position? This position is not in our bylaws

Response – When the 2020 Past President was elected to the FWIC Director position for Manitoba the board was left with no Past President. The President asked if the previous Past President would assist the new President in a Past President role and provide historical information and guidance when required. This position has been dropped for this year to coincide with the Manitoba Women's Institute Act.

- Is Debra taking on another 2-year term as President?

Response – When the President Elect did not believe she could assume the role of President and no nominations or volunteers were brought forward for the position. Debra was asked if she would remain in the position, after considering the pros and cons of staying on she agreed with the understanding that a President-Elect must be found to assume the Presidency when her tenure is finished.

If any member is interested in joining the board as President- Elect, please contact the MWI office and we will be happy to provide you with a description of the duties and time commitment.

- What is being done to fill the position of President-Elect (someone who intends to take on the role of President)?

Response – The Board will continue to ask people to consider taking on the President Elect position and ask for nominations or volunteers in newsletters and by email requests to members.

The Board is a relaxed and positive environment with strong Board members. We may not always agree with each other but by not agreeing we find strong compromises that work in the best interests of all MWI members.

Resolution Suggestions

We have removed the names of those who provided these resolution suggestions or comments. However, we have kept your information in the office records to provide the 2023 Resolutions Committee. Thank you for taking the time to provide your ideas and thoughts.

We would be very glad to receive resolutions on the all of the following issues. If you need help drafting a resolution, please contact the MWI office and we will share your information with the 2023 Resolutions Committee.

1- Time change to coordinate with the USA and eliminate time changes twice a year.

Response – There certainly is a lot of discussion on this issue of changing to one time zone across Canada and the USA.

2- Over the years I have put a significant amount of time into researching and writing resolutions. Before suggesting more ideas for future resolutions, it would motivate me to hear if any of these resolutions have made an impact and helped to bring good governments legislation and policy development to fruition or at the very least brought about some robust discussion. Does the WI resolution committee conduct this kind of follow up? Maybe this has been done and I just didn't notice?

Specifically, the one resolution I invested the most time in is the one I've enclosed (broad licensing for on-farm slaughter) I worked together with a young farmer who consulted with various people in the industry and did a fair amount of research into what other provincial jurisdictions are doing to decentralize the meat industry. I would love to let this young farmer know what kind of feedback we got to our resolution and if discussion or forward motion on the topic is happening in our provincial halls of power.

Response – With the Governmental focus on COVID and health, plus Government Ministerial changes we decided to resubmit all our resolutions for the past three (3) AGMs to the new Ministers. MWI Boards have traditionally kept members aware of government, business or organization responses to our resolutions. This process has not changed and when we receive a response or have discussions with the Ministers, we will certainly publish the responses in the MWI Newsletter.

3- Since the resolutions of the past few years have been approved by members, is there any reason we cannot re-submit them when we send out this years' resolution letters? I also think we should follow up with a spot in the newsletter about the government responses, so members are aware. Just an idea

Response – This year we did have two resolutions resubmitted for reconsideration to the Provincial Government and the Canadian Radio-television and Telecommunications Commission. This resubmission was due to the inability of Manitoba residents to access governmental services and other organizations due to the service staff working remotely from their homes and not working from their offices; thereby, not answering their office phones.

Any resolutions may be resubmitted at the request of the institute or writers of the original resolution.

4- A resolution idea is to make the intersection at hwy #6 and hwy #236 safer. After closing all the access to the service road, to Lawsons, they thought traffic should detour to #6 and turn left there. A turning lane should be provided for traffic to turn safely there, instead of the round-about I've heard is proposed.

Response – Anyone who has been involved in a highway accident, recognizes your concerns are timely and very important for the protection of our rural and agricultural residents.

5- I wish to emphasize that cell service is not just a northern issue. Agricultural areas are not always covered. In the Lenore/Kenton area we have very spotty service. I was stuck just a mile from home in a snowy, windy day and my cell phone kept dropping my service. It is scary and frustrating to not know if you are going to receive help.

Response – You are absolutely correct, one area with absolutely zero cell service is within five (5) miles of the City of Winnipeg perimeter. In reality many northern areas have excellent cell and high-speed internet, so your comment is very accurate it is the agricultural and rural areas which appear to be most impacted by non-existent or limited cell and internet coverage.

6- The timing for the cell phone etc. may not be good because of the winter we had and some other priorities e.g., Russian war.

Response – Your comment is relevant with the looming environmental, refugee and war disasters. For many WI members and their families, the issue of cell phones being workable in rural and agricultural areas would serve to assist all residents in getting assistance when needed, such as overland flooding and flash floods.

7- Last year I commented on my interest in environmental concerns. Specifically, the garbage found in ditches. I needed to complete more research for submitting a proposed resolution regarding the need to return aluminum can and plastic bottles for refund. I hope to present to our local WI for this support 2023.

Response – The volume of garbage found in ditches along major highways is becoming a huge problem. Thank you for your voicing your concern!

8- The resolution that was withdrawn to do with psych evaluations for prisoners within the first couple of months after being arrested/held.

Response – The Resolution on timely psychiatric evaluations for prisoners was forwarded to the former Minister of Health's office personnel. This resolution is one that will accompany this year's resolutions and be sent to Ministers Gordon and Johnson.

9- Review the FWIC resolution recommendations for Cross-Canada support in September of 2022 when they are sent to each province.

Response – The MWI representative on the FWIC Board and the MWI President attend every FWIC Board meeting and will be actively participating and furthering the concept of Cross-Canada support for resolutions. Many resolutions although not written by more than one province are in fact issues in many provinces and we look forward to supporting each other.

10- I am hopeful that our health care system will be sufficiently stabilized next year that the government of Manitoba may be open to the idea of re-opening the Mature Women's Clinic that was closed by the current government. When Hon. Stefanson was the Minister of Health.

Response – This issue has been raised more than once in the past couple of months as an issue very important to a huge section of the public.

11- I think we should make a future resolution about providing a youth drop-in center or youth programs possibly subsidized by the local WI Institutes in each of our communities. Youth that have a sense of belonging or a place to go to meet friends or learn a new skill are less likely to get in trouble with the RCMP. They usually benefit by forming friendships and may learn a lifelong skill. My 23-year-old son came to play pickleball with the adult group who were between 35-65. It would have been nice if there had been a place where he could go to spend time with people in his own age group. Youth in small towns may remain there if there were activities to do, and a place to do them in.

Response – Some Institutes and Individual members support local activities for their communities. However, some Institutes do not have the funds to sponsor or subsidize community youth programs. In looking into these concerns, we were told that most youth activities are held in conjunction with Community schools, Municipalities or Local Government Districts. An issue we often hear is that funding may be applied for from health-based government departments however, finding people to dedicate their time to running these programs is very difficult. Adult programs traditionally are structured, coordinated and funded by the adults interested in the activity.

12- Body cameras for all police officers, sheriffs and prison guards/personnel to protect both the person enforcing the laws and those with which they are interacting.

Answer – This issue is very timely as many organizations serving the public legal system are considering and exploring the benefits of using body cameras for those working within the legal system.

13- Elimination of mentally ill persons who have not been criminally convicted from being housed in Manitoba prisons. These persons are often not provided with mental health services of medication. They frequently become abused or housed in bed bug infested areas of the prison as they are unable to speak out on their own benefit.

Answer - This issue certainly is important and corresponds with the resolution MWI members submitted last year about timely psychiatric evaluations for individuals presenting as mentally at risk when coming into contact with the legal system.

14- Request that there be more recycling facilities i.e. cans, glass, bottles and payment for same as Saskatchewan recycles and this would employ more persons – such as handicapped etc. and,

15- -Recycling of all containers which is not being done

Answer – Recycling is becoming more and more popular; however, there are limitations placed on some recyclable products within Manitoba which prevents them from being recycled. An expanded recycling program is deemed necessary by many.

16- That if COVID or other vaccines be given 1st to essential works then 80+ this would have saved many lives.

Answer – There appears to be current research which agrees with your view. We appreciate your concern over the lives of those affected by this virus.

17- That COVID long haul persons be given more support, mental, physical etc. as there is little for them at the present due to unvaccinated persons using the hospitals.

Answer – COVID long haul patients are certainly struggling with many issues caused by their ongoing health concerns. We thank you for your concern about the lives of those affected by long haul health issues.

18- That the Province of Manitoba increases the number of employees in personal care homes. At present, the number required is inadequate to provide decent care to those living within the homes. This number was reduced in the 1st term of the Pallister government and was already inadequate at that time. Seniors deserve better.

Answer – MWI did receive an excellent resolution this past year regarding the care of persons living in personal care home. These resolutions were voted on and approved by our membership and forwarded to the provincial government.

19- It is time that more investment to be made to support home care services as many people prefer to be cared for at home.

Answer – At home personal care and end of life care are becoming more important to people as their loved one's age and they want to allow these individuals the best care possible while remaining at home, in their familiar and happy surroundings.

20- Full disclosure on the part of the provincial government in regard to medical statics (for example: COVID and wait times for surgeries to name a couple but not limited to above) so the population of Manitoba has current and up to date information readily available to each person in order to make informed personal decisions that affect their life and well-being.

Response – There has been a lot of discussion lately about the actual statistics regarding COVID and its impact on other forms of health care. In the absence of a lengthy resolution process we would suggest contacting both the Minister of Health, the Governmental representative responsible for the COVID response and planning, and the College of Physicians and Surgeons. The staff at these governmental bodies may be able to tell you how to access the numbers you want or take your concern forward to those in decision making roles.

Respectfully submitted
Debra Barrett
President

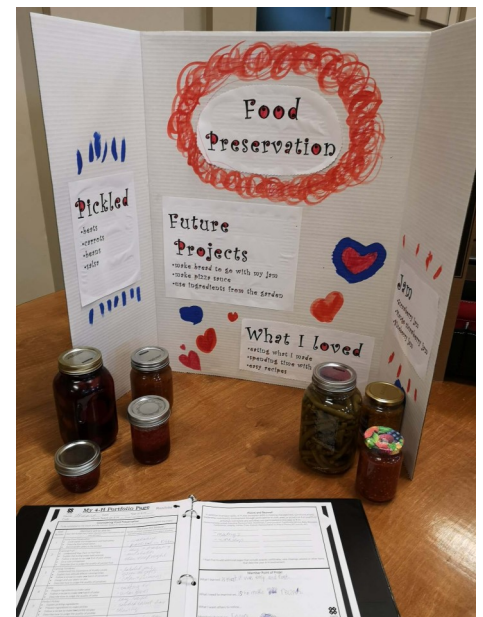


A big thank you to Dawn Krinke (l) and Leanne Sprung for acting as scrutineers and ballot counters for our recent mail-in ballot.

We certainly appreciate their time in helping to ensure our voting results were tabulated and recorded.



Domain WI has been active, judging and presenting at the La Salle 4-H achievement and collecting household articles for Ukraine relief. We delivered five boxes to the UNF Hall on Main Street in Winnipeg. Our last meeting, we hosted an afternoon speaker showcasing her quilt trunk show.



Thank You! Thank You!

Thank you to Janice Harrison (Domain WI) on her retirement as the Eastern Representative on the MWI Board. Your ability to cut through the fluff and get to the meat of a discussion was much appreciated. You will be missed but we do wish you and your husband many winters as Manitoba's newest snowbirds.

Save the Date! Save the Date! 75th Anniversary

The **Fisher Branch WI** has entered our 75th year as a Women's Institute. We will be celebrating this momentous event along with the Grand Opening of our WI Park on **September 10, 2022**. The celebration will be held in the **Community Hall** just west of town on the main road through town (Hwy 233), starting at 10am. Registration, coffee and muffins will begin at 9am. We invite all WI members to join us for a day of fellowship, fun, entertainment and, of course, laughs. A full agenda will be emailed to all institutes and individual members at the end of June. Please join us!!



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The **Woodmore WI** has a knitting & crocheting like-interest group that meets monthly for a social time while working on our individual projects.

(Editor's note—Since the beginning of COVID I have participated in Craft and Chat zoom presentations with ladies from the Scottish WI. They are enjoyable but nothing beats meeting in person.)

Grosse Isle Women's Institute

At our May meeting we exchanged books. Then we talked about gardening. Everyone contributed tips about pests, plants, companion plants, and weed control. Most people find that deer don't like Marigolds, also Marigolds keep other pests away. Check out "companion plants" on-line. It is very interesting. Some plants thrive better close to certain plants while others don't like each other. Some members attended a composting workshop. The key to composting is balancing the "greens" and the "browns" Otherwise the composting process takes way longer. Always cover "greens" with a layer of twice as many "browns". For more information on composting visit: www.greenactioncentre.ca

Submitted by

Gisela Nolting (Secretary, Grosse Isle Women's Institute)



Agriculture Report for SE Manitoba

Things are on the wet side in the southeast corner of Manitoba. Farmers are barely even getting on the fields nearby. In fact, there really hasn't been much activity at all. We were starting to dry up a bit from spring and now the rains have put a halt to most field work.

The rain has been good for pastures and the hay growth compared to last years drought. However, we need the heat now to make things grow.

Gardens are also very slow in getting in the ground. The late spring in the southeast kept the ground too cold for any kind of plants or seed going in. The nighttime lows have been too cold for anything to grow. Hopefully in the days ahead we'll all be able to go ahead with our gardening.

I think most farmers in the area have gotten cattle out to pasture by the looks of it. So that's a positive. Grass is growing quite well in pastures. We just need Mother Nature to bless us with some heat and we'll be good to go on all fronts.

Till next time.

Submitted by Michele Gurman

Did you know?

- Manitoba has Canada's 5th largest herd of dairy cows.
- Our bodies do not produce calcium, which means that we must get it from our daily diet.
- A cow can eat up to 3 suitcases of hay (20 kg) and drink a bathtub full of water (75 L) every day.



Did you know?

- Carrots are one of 110 vegetables grown in Manitoba.
- Carrots contain more carotene than any other vegetable or fruit, making them good for your eyes and skin.
- That eating too many carrots turns your skin orange.



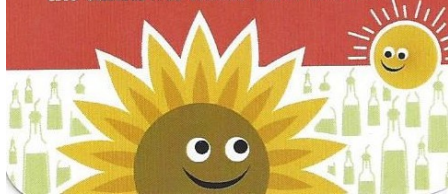
Did you know?

- Saskatoon bushes produce the most fruit when they are 12 to 15 years of age.
- Saskatoon Berries have more protein, fibre and minerals than blueberries. The purple color are "anthocyanins" which help keep your cells healthy.
- The name 'Saskatoon' comes from the Cree word "Mis-sask-quah-too-mina".



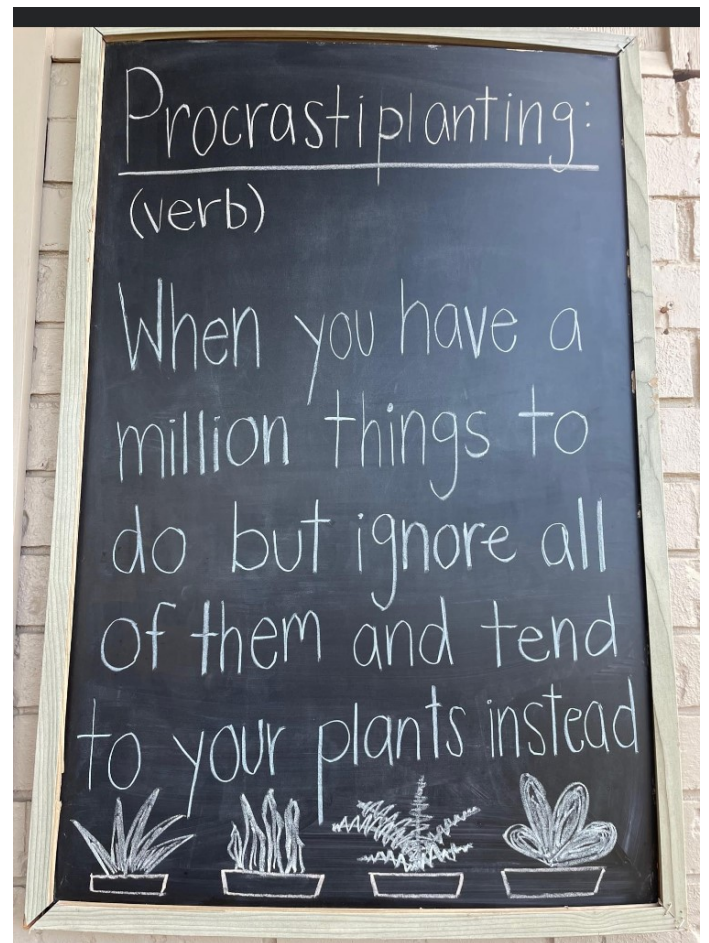
Did you know?

- Manitoba grows over 90% of all the sunflowers in Canada.
- Sunflower seeds are a great food source of vitamin E, the antioxidant that helps protect against heart disease.
- Each sunflower 'head' is made up of 2,000 individual flowers and that the sunflower heads track the sun.



HAPPY BIRTHDAY

Happy Birthday to members celebrating in July and August



Posted by Clegg's Nursery.

'NAME THE BOOK' CONTEST

Put on your thinking cap and send us your idea for a title for our upcoming compilation of your COVID-19 stories. The winner will be acknowledged in the digital book.

The criteria:

- ⇒ Short title
- ⇒ Reference to COVID, COVID-19, Pandemic, etc. in the title
- ⇒ Submit by June 30, 2022 via email MWICoVIDstories@gmail.com or by phoning (204)726-7135

SEEKING PRESIDENT ELECT NOMINATIONS

The Board of Directors of MWI is seeking names of those who are interested in stepping up to serve as President Elect for a 2 year term and then move into the role of MWI President for a 2 year term. Following the term of president you remain on the board as Past President for one year. Contact the MWI office for a complete job description and to submit a nomination.



MANITOBA AGRICULTURE

Looking for a quick way to keep in touch with the happenings in Manitoba Agriculture and the agriculture industry in Manitoba—why not sign up for their email newsletter or check out the vast amount of information available on their website

<https://www.gov.mb.ca/agriculture/index.html>

The link for the newsletter is on the right side of the screen under the picture of Minister Johnson.

ADVERTISING RATES

Business Card Size	\$15 per issue
Quarter Page	\$40 per issue
Half Page	\$65 per issue
Full page	\$90 per issue

Full information was in the February/March 2022 issue.

LA DESIGNS

ANN MANDZIUK

BOX 264

MINNEDOSA MB R0J 1E0

204 966-3829

mountainroad95@gmail.com

Doll clothes, small quilted items and handmade greeting cards

(paid advertisement)



The **FWIC Board meeting** was held on May 9, 2022. The Board discussed:

- ⇒ Success of the training modules thus far. The next module on Goal Setting will be held May 25th.
- ⇒ Tree planting of two native Manitoba plum trees at the International Peace Gardens.
- ⇒ Tree planting at the Adelaide Homestead Museum.
- ⇒ Holding of the Cambridge Tour de Grand at the homestead grounds, museum will benefit from sales of FWIC mementos.
- ⇒ RCMP invited FWIC board members to participate in a forum on the use of body cams by RCMP .
- ⇒ The Book Club's first gathering was pleasant and enjoyed by all who participated.
- ⇒ The website continues to be organized, updated and user friendly.
- ⇒ FWIC has been approved for a summer student.
- ⇒ Insurance for the Adelaide Hoodless Museum which hold the FWIC office is \$8165.88. This policy does not include Director liability insurance.
- ⇒ FWIC is planning a Food Waste program for provincial branches to implement .
- ⇒ FWIC will be launching an online auction at their July 12th AGM.
- ⇒ FWIC AGM will be a hybrid event allowing for in person and zoom participation .
- ⇒ Board meetings may be held live on Facebook soon.
- ⇒ Adelaide Hoodless Homestead Museum had 778 people attend, 26 volunteers assisted, profits were small.
- ⇒ ACWW's new logo and strategic plan were presented and reviewed .
- ⇒ FWIC president and president elect will be participating in the UN Human Rights forum.
- ⇒ Financial viability of FWIC and the Adelaide Hoodless Museum continues to be an issue and the executive are applying for grants to sustain the museum.

Report as presented at the May 2022 MWI Board Meeting.

<div> <div>COMPANION</div> <div> FOOD GARDENING NETWORK <small>Growing Good Food at Home</small> </div> </div> <div>PLANTING CHART</div>	
PLANT	PARTNERS
Tomatoes 	Basil Asparagus Broccoli Garlic Carrots Celery Onions
Beans 	Corn Squash Radish Beets Spinach Cucumber Potato
Peppers 	Basil Onion Garlic Spinach Tomatoes
Carrot 	Chives Onion Leeks Tomato Rosemary Coriander Lettuce Radish
Lettuce 	Mint Chives Dill Beans Beets Onion Broccoli
Potatoes 	Corn Cabbages Peas Squash Beans
Onions 	Carrots Parsnips Lettuce Cabbage Beets Tomatoes Rosemary
Cucumber 	Corn Cabbage Beans Radish Celery Lettuce
Squash 	Corn Peas Radish Dill Beans
Corn 	Beans Cucumbers Pumpkins Melons
Peas 	Cauliflower Garlic Turnip Radish Potato Cucumber Corn Beans

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foodgardening.mec

COMPANION PLANTS FOR GROWING CROPS:

**BASIL**

PROTECTS TOMATOES FROM APHIDS
INSECT-REPELLENT LEAVES

**NASTURTIUM**

- LURES APHIDS AWAY FROM BEANS
- ATTRACTS BENEFICIAL INSECTS 🐝

**CORIANDER**

- SCENT REPELS APHIDS & CARROT FLY

**BORAGE**

PROTECTS TOMATOES FROM HORNWORM
GREAT POLLINATOR ATTRACTOR 🐝

**LAVENDER**

- SCENT CONFUSES PESTS
- POLLINATOR ATTRACTOR 🐝

**MARIGOLDS**

- DETER'S WHITFLY FROM TOMATOES & APHIDS FROM BEANS.



Coming Events

JUNE

- 1—World Milk Day
- 21—National Indigenous Peoples Day
- 30—Deadline for COVID-19 stories and Title Contest submissions

JULY

- 1—Canada Day
- 30—Deadline for newsletter articles

SEPTEMBER

- 10—Fisher Branch 75th Anniversary
- TBA—Create a Fall Wreath with Brent Hunter
- 30—Deadline for newsletter articles

OCTOBER

- 11—International Day of the Girl Child
- 15—International Day of Rural Women
- 16—World Food Day
- 20—MWI Zoom

NOVEMBER

- 11—Remembrance Day
- 15-16—MB Farm Women's Conference, Brandon
- 17—MWI Zoom
- 30—Deadline for newsletter articles

DECEMBER

- 25—Christmas Day

JANUARY

- TBA—Deadline for Resolutions
- 31—Deadline for newsletter articles

FEBRUARY

- 19—Manitoba Women's Institute Day

MARCH

- Canadian Agricultural Literacy Month
- 1—World Complement Day
- 8—International Women's Day
- 21—International Day for the Elimination of Racial Discrimination

Platinum Jubilee Medals

The Queen Elizabeth II Platinum Jubilee Medal program will honour significant contributions and achievements throughout Manitoba during this unprecedented anniversary year, Premier Stefanson noted. From June 2022 onwards, 1,000 medals will be awarded to deserving Manitobans.

If you have someone who you think is deserving of a Jubilee medal speak with your MLA—they each have an allotment that will be distributed in their constituency.



Did you know.....

~ The cry of a new born baby is called a *vagitus*.

~ The prongs on a fork are called *tines*.

~ The sheen or light that you see when you close your eyes and press your hands on them is called *phosphenes*.

~ The 'na na na' and 'la la la', which don't really have any meaning in the lyrics of any song, are called *vocables*.

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To comment or to make a submission, please send an e-mail to:

mbwi@mymts.net

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